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**Submission to *Transportation Research Board* – 25 July 2022**

**How Multi-worksite Employers can Use  
Secondary Data to Assess Commute Trip  
Reduction (CTR) Opportunities**

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*Word count: 6,979 words plus two tables*

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## Abstract

Studies demonstrate that reducing long commutes should provide benefits for commuters, employers, environment and society. Tools such as TRIMMS exist for estimating benefits on a macro level – across a metropolitan or county area. This paper describes a new tool an individual employer can use to predict potential for, and benefits of, implementing its own customized commute trip reduction (CTR) program, possibly part of a regional Trip Reduction Program (TRP).

Typically, employers encouraged or required to establish a CTR program start by gathering detailed primary data on employees’ individual commuting practices. However, such bespoke surveys are expensive, intrusive and often flawed (non-participation, timeliness, inaccurate). When large employers operate multiple work sites, primary data collection and analyses can be complex and costly.

This paper shows potential instead in using existing secondary human resources (HR) data for CTR strategizing and priority setting. A spreadsheet app interfacing with Google Maps can provide first approximations on employee commuting patterns and potential changes. For example, total commute burden can be estimated, along with assessments of opportunities such as revised staffing/deployment policies, carpooling, bicycle/walking accommodation, transit promotion, etc.

This methodology reveals opportunities quickly and simply, and thus may overcome institutional inertia by identifying ‘low-hanging fruit’. If, on the other hand, potential seems limited for any particular tactic, resources can be focussed on more promising interventions. This methodology may be used by employers of any size, supported by do-it-yourself toolkits for multiple CTR tactics. Data from one Canadian bank’s region were analyzed as a demonstration and proof-of-concept.

## Keywords

Commute trip reduction, trip reduction program, transportation improvement strategies, sustainability, congestion reduction, reducing greenhouse gases, reducing carbon emissions, work-life balance, worker health and safety, productivity, commute mapping methodologies, human resources strategies, employee retention, transportation demand management

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## About the Authors

**Bruce T. Batchelor** — ([brucebatchelor.com](http://brucebatchelor.com)) Since the mid-1980s, as CEO of Trelawny Consulting Group Ltd., Bruce has been advising government agencies, non-profits, corporations and hi-tech start-ups on marketing, health promotion, external and internal communications, training/curriculum development, fundraising, R&D, organizational change/optimization, governance and strategic planning. He has been a college instructor and guest lecturer at universities. Bruce is a bestselling author, editor and publisher. He has served as chief executive for non-profits and a multi-national media company, and as a director for non-profits, cooperatives and corporations in Canada, USA, UK and Republic of Ireland.

**John T. Batchelor** — ([john.batchelor@sympatico.ca](mailto:john.batchelor@sympatico.ca)) As a private consultant since 2004, John Batchelor has been helping dozens of domestic and international public sector clients understand requirements and opportunities, and has been assisting them to implement practical responses and systems. John has over 30 years of experience with Canadian federal departments and central agencies in planning, management consulting, performance measurement and program evaluation policy. His training includes degrees in mathematics, public administration and business administration. John has been a university instructor and is an experienced public administration trainer. He can also apply specialized disciplines such as operations research, game theory, database design and web-site administration to his clients' challenges.

**Todd Litman** — ([litman@vtpi.org](mailto:litman@vtpi.org), <https://www.vtpi.org/documents/resume.pdf>) Todd Litman is founder and executive director of the Victoria Transport Policy Institute, an independent research organization dedicated to developing innovative solutions to transport problems. His work helps expand the range of impacts and options considered in transportation decision-making, improve evaluation methods, and make specialized technical concepts accessible to a larger audience. His research is used worldwide in transport planning and policy analysis.

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## Introduction

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The authors have been conducting research and developing practical tactics that could significantly reduce unnecessary, unwanted and unfair commute travel in British Columbia. The goal is commute trips that are shorter, cheaper, healthier, gentler on the environment and better for employees, employers, the economy and society. The team's research findings, designs and tools may improve the efficiency and efficacy of existing and proposed Transportation Demand Management (TDM), Commute Trip Reduction (CTR) and Trip Reduction Program (TRP) initiatives in other jurisdictions.

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Employers typically control two important factors that determine an employee's commute options – worksite location and work schedule. These factors can affect the employees' quality of choices with regard to affordability, safety, convenience and mode of travel. This paper presents a methodology the team developed to allow a multi-worksite employer to use secondary data quickly to self-assess the potential in implementing various CTR tactics, including CloserCommutes (a tactic inspired by proximate commuting<sup>1</sup>). Example multi-worksite employers are financial institutions, school districts, municipalities, health authorities, retail and hospitality chains, etc.

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A spreadsheet application linked to the Google Maps traffic database can analyze commutes using existing data obtained from the employer's payroll records, avoiding the expense and privacy complications of conducting a bespoke employee survey. The app estimates a baseline score (the annual total employee commuting burden of CO<sub>2</sub> emissions, also called the 'burden score'), identifies outliers with the longest commutes, and suggests the potential applicability and scale for peer job swapping and other tactics.

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The burden score and analyses from the secondary data are first-order approximations that can be improved if/when the employer opts to gather and enter primary data. The intent of this methodology is to reveal the potential, quickly and simply, and thus overcome institutional inertia by presenting some 'low-hanging fruit' that is clearly in the employer's interest.

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<sup>1</sup> See Mullins & Mullins 1995. The proximate commuting strategy was developed by Mullins & Associates, Inc. and offered as a service called ProximateCommute<sup>SM</sup>.

115 This methodology is designed for use by individual employers who will be  
116 supported by do-it-yourself toolkits for many CTR tactics. The methodology was  
117 pilot tested with all 241 employees at the 16 branches in one region of a Canadian  
118 bank. Results are presented below. The development of the support program and  
119 tactic toolkits awaits development funding. A draft blueprint for a re-imagined  
120 provincial CTR initiative (Batchelor BT 2020) is available<sup>2</sup> along with a draft  
121 corporate close commute policy (Batchelor JT 2020)<sup>3</sup> to illustrate one potential  
122 component of a DIY tactic toolkit.

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## 124 **Literature Search and Key Informant Survey**

125 To support an employer’s business case for reducing long commuting, a literature  
126 search of peer-reviewed research studies was conducted. Annotated bibliography  
127 entries were amassed in *The Effects of Long Commutes and What to Do About Them: An Annotated Bibliography* (Batchelor & Litman 2019).<sup>4</sup>

129 Research from many countries indicates that longer commutes are linked to  
130 increased worker stress, unhappiness, sedentary living (lack of exercise) and obesity,  
131 and pollution exposure, leading to reduced productivity and job dissatisfaction,  
132 illness and absenteeism, and domestic conflicts among other impacts. Specifically,  
133 studies have identified correlations between long commutes and the following  
134 outcomes:

### 135 **Physical health**

- 136 • obesity or adiposity [severe or morbidly overweight] (Jacobson et al. 2011)  
137 (Jilcott et al. 2010) (Lopez-Zetina et al. 2006) (Hoehner et al. 2012)  
138 (Sacker et al. 2014) (Sugiyama et al. 2016)
- 139 • higher daily exposure to particulate matter and black carbon (Karanasiou et  
140 al. 2014) (Shekarrizfard et al. 2016)
- 141 • more visits to general practitioner (Künn-Nelen 2016)

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<sup>2</sup> May be downloaded at [www.trelawnyconsulting.com/DraftBlueprintCTR.pdf](http://www.trelawnyconsulting.com/DraftBlueprintCTR.pdf)

<sup>3</sup> May be downloaded at [www.trelawnyconsulting.com/DraftModelCloseCommutePolicy.pdf](http://www.trelawnyconsulting.com/DraftModelCloseCommutePolicy.pdf)

<sup>4</sup> May be downloaded at [www.trelawnyconsulting.com/closecommute/Effects\\_of\\_Long\\_Commuters.pdf](http://www.trelawnyconsulting.com/closecommute/Effects_of_Long_Commuters.pdf)

- 142                   • lower cardiorespiratory fitness (Hoehner et al. 2012) and higher cardio-  
143                   metabolic risk (Hoehner et al. 2012) (Sugiyama et al. 2016)  
144                   • higher blood pressure (Novaco et al. 1979)  
145                   • chronic fatigue (Kageyama et al. 1998)  
146                   • diabetes mellitus (Tsuji et al. 2015)  
147                   • self-reported poor health, serious backache, headaches, sleep disorders and  
148                   fatigue (Hämmig et al. 2009)

149                   **Mental health**

- 150                   • anxiety and depression, lack of energy and optimism (Hämmig et al. 2009)  
151                   • chronic stress, being in a sympathodominant state (Kageyama et al. 1998)  
152                   • increased stress and anxiety (Pohanka et al. 2004)  
153                   • lower sense of well-being (Stutzer et al. 2008)

154                   **Activities**

- 155                   • reduction in sleeping, physical activity and food preparation which over time  
156                   may contribute to obesity and other poor health outcomes (Christian  
157                   2012)  
158                   • less physical exercise (Künn-Nelen 2016) (Hoehner et al. 2012) (Nomoto et  
159                   al. 2015)  
160                   • fewer sleeping hours (Nomoto et al. 2015)

161                   **Work Performance**

- 162                   • increased sickness absence (Ala-Mursula et al. 2006) (Künn-Nelen 2016)  
163                   • longer average paid time loss days due to work-related injury (Fan et al.  
164                   2013)  
165                   • fewer working hours (Nomoto et al. 2015)  
166                   • more accidents (Pohanka et al. 2004)  
167                   • lower job satisfaction and decreased intention to stay with same employer  
168                   (Steinmetz et al. 2014)

169                   **Social life**

- 170                   • less access to social capital (Besser et al. 2008); less time with friends  
171                   (Sandow 2011); and social isolation (Pohanka et al. 2004)  
172                   • higher time- and strain-based work-life conflict [WLC] (Hämmig et al.  
173                   2009)

- 174                   • strain on relationships and likelihood of divorce (Sandow 2011)  
175                   • low social participation and low general trust (Mattisson et al, 2015)

176                   In *Part 2* of the annotated bibliography, various approaches are documented for  
177                   quantifying the benefits that accrue to various stakeholders from reducing commute  
178                   distance and duration. *Part 2a* introduces methodologies for commuting vehicle  
179                   costs, mostly focused on the commuter personally (‘internal costs’). In *Part 2b*,  
180                   calculators are presented for the ‘external costs’, including transportation system  
181                   infrastructure, greenhouse gases, reduced commercial productivity due to transport  
182                   congestion, regional economic impact, etc.

183                   Studies on ROI for the employer typically emphasize savings from reduced parking  
184                   space requirements (e.g., Jaffe 2015). A UK study (VitalityHealth 2017) has  
185                   suggested that orchestrating a shorter commute for an employee could gain the  
186                   employer seven extra days of productivity.

187                   Tools exist for central planners to calculate benefits from TDM programs on a macro  
188                   scale, such as Mobility Lab’s TRIMMS 4.0 and TDM ROI Calculator (Mobility  
189                   2020). We did not find any tools for the individual employer to assess potential and  
190                   benefits, beyond static density maps (Liberty 1942).

191                   Unstructured interviews were conducted with over 100 key informants.<sup>5</sup> Specifically,  
192                   interviews with dozens of c-suite executives and human resources directors at  
193                   financial institutions, school districts, municipalities and other large multi-worksite  
194                   employers in British Columbia revealed a widely-held perspective that employees’  
195                   commutes were not the employer’s responsibility or concern. From a marketing  
196                   perspective, that creates a significant challenge—getting key people to act on a need  
197                   or want that they do not acknowledge exists.

198                   We found that although an employer’s annual total employee CO<sub>2</sub>e commuting  
199                   burden can be quite significant, typically it is not accounted for in an employer’s  
200                   environmental sustainability self-reporting. For example, Canada’s ‘big five’ banks  
201                   do not include employee commuting GHG emissions in their annual audit of  
202                   corporate environmental footprint.<sup>6</sup> Vancity Credit Union, an exception in the

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<sup>5</sup> A list of most key informants can be found at <http://closecommute.com/who-we-are>

<sup>6</sup> For example, see Appendix II, page 67 of *Royal Bank of Canada Environmental, Social and Governance (ESG) Performance Report 2019*, available at: [www.rbc.com/community-social-impact/\\_assets-custom/pdf/2019-ESG-Report.PDF](http://www.rbc.com/community-social-impact/_assets-custom/pdf/2019-ESG-Report.PDF)

also see page 18 in Scotiabank’s *2019 Environmental, Social and Governance (ESG) Report*, available at: [www.scotiabank.com/content/dam/scotiabank/canada/en/documents/about/Scotiabank\\_2019\\_ESG\\_Report.pdf](http://www.scotiabank.com/content/dam/scotiabank/canada/en/documents/about/Scotiabank_2019_ESG_Report.pdf)

203 financial industry which does include employee commuting emissions in its annual  
204 environmental audit, reported for 2019 that its employees' commuting releases more  
205 emissions (55.5%) than all other sources combined (44.5%).<sup>7</sup>

206 Most interviewees had minimal awareness about what CTR tactics exist or how an  
207 organization might get started. Further, they cautioned that if/when key people  
208 within a large organization were convinced to try changing existing policies and  
209 procedures, they would face the considerable challenge of overcoming  
210 organizational/institutional barriers and cultural inertia. For example, a national  
211 bank's regional vice-president may not have the authority to alter human resources  
212 procedures established by head office in Toronto or Montreal.

213 These key informant interview responses underscored the importance of the  
214 appropriate authorities making it *mandatory* for all medium and large employers to  
215 initiate a CTR program – *to provide responsibility and authority to key individuals in*  
216 *all organizations*. The responses also underscored the need for an introductory  
217 analysis tool that would be simple for an employer to use, would not require a  
218 bespoke survey and would identify the quickest, high-ROI actions (aka 'the low-  
219 hanging fruit') to get every employer jump-started.

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## 221 **CloserCommutes – inspired by ProximateCommute<sup>SM</sup>**

222 Early in our research, a 1990s CTR tactic – *proximate commuting* (Mullins &  
223 Mullins 1995) – in particular caught our interest. In part because it seemed so  
224 'common sense' and powerful from a management consulting and HR perspective.  
225 Indeed *TIME Magazine (TIME 2007)* cited proximate commuting as one of "the  
226 planet's best ideas to address global warming." Yet curiously our investigations and  
227 interviews did not find this tactic being promoted by any transportation management  
228 association/agency.

229 In the mid-1990s, with funding and oversight by the Washington State Department  
230 of Transportation and the University of Washington, Mullins & Associates, Inc.  
231 conducted the first demonstration project of their employer-based transportation and  
232 work/family benefits program called ProximateCommute<sup>SM</sup>.

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<sup>7</sup> See page 16 of *Vancity 2019 Annual Report Accountability Statements*, available at:  
[www.vancity.com/SharedContent/documents/AnnualReportArchives/2019\\_Accountability\\_Statements.pdf](http://www.vancity.com/SharedContent/documents/AnnualReportArchives/2019_Accountability_Statements.pdf)



233 The demonstration project with Key Bank in the Seattle area involved 500-plus  
234 employees working at 31 branches. Gene Mullins postulated that, over time, multi-  
235 worksite employers (in this case, Key Bank) could significantly reduce employee  
236 commute distances by:

- 237 1. Communicating/clarifying to all staff and managers that working from a  
238 worksite closer to one's home is considered to be in both the company's and  
239 the employee's best interest.
- 240 2. Improving efforts to match employees with positions close to their homes **at**  
241 **the time of hire.**
- 242 3. Establishing a proximate commuting "**waiting list**" to enable eligible  
243 employees to remain "in line" for future openings at alternate, shorter-  
244 commute branches. (This meant that transfer requests could be submitted  
245 *before* an opening existed.)
- 246 4. Matching two or more long distance commuters who could "**trade**"  
247 **comparable jobs.**<sup>8</sup>

248 Mullins & Associates provided Key Bank's HR managers with home/worksite  
249 proximity distances and branch commute maps, using Cartesian coordinates and  
250 employee home zip codes – essentially 'as the crow flies' measurements.

251 By proactively matching new- and existing- employees to closer-to-home branches,  
252 Key Bank very significantly reduced commute miles and auto emissions for  
253 participating employees. Remarkably, some branches realized employee commute  
254 mile reductions of up to 65%, and the longest individual commute distances per  
255 branch decreased 33%. *After 15 months, total commute miles traveled for all*  
256 *employees at test-site branches, including non-participants, decreased 17%. In*  
257 *contrast, control branches experienced increased commute miles over the same*  
258 *time period.*

259 Encouraged by the strong results of the 1990s ProximateCommute<sup>SM</sup> demonstration,  
260 our consulting team developed a modified tactic, dubbed CloserCommutes. To  
261 encourage use of this tactic, we needed a new methodology to provide employers  
262 with a simple way to determine accurate home-worksite commute proximities  
263 (distances *and* durations) for multiple people/worksite scenarios. The initial  
264 calculations would require existing HR data only, but analyses could be enhanced if  
265 the mode (car, bus, bike, foot) and other data were also known. We also wanted the  
266 methodology to support a wide range of other commute trip reduction tactics.

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<sup>8</sup> pp. 20-21, Mullins & Mullins 1995.

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## 268 **Methodology Development**

269 Employers' needs and potential organizational impediments meant a methodology  
270 would have to:

- 271 • Be simple to initiate by an HR supervisor with some database and  
272 spreadsheet proficiency and without relying on consultants
- 273 • Provide reasonable precision in the projections of commute durations and  
274 distances
- 275 • Generate results in real time 24/7 at essentially no cost
- 276 • Require only existing data and maintain confidentiality
- 277 • Not require interaction with employees or their associations and unions for a  
278 first 'scoping' iteration
- 279 • Yield immediately useful results including:
  - 280 ▪ calculating a *single central baseline measurement* for the  
281 organization (we would call this the 'burden score' or simply the  
282 'burden')
  - 283 ▪ identifying and quantifying potential for quick wins or 'low-hanging  
284 fruit'
  - 285 ▪ identify and quantify potential (and/or lack thereof) for other tactics  
286 that could involve longer timelines and more financial resources.

287 The single central measurement (the burden score) would:

- 288 • have scientific validity/objectivity
- 289 • be comparable to sector norms
- 290 • demonstrate a baseline position and progress at reducing this measurement.

291 In the trade-off between obtaining high accuracy and ease of use, the team felt that  
292 ease of use was more important in order to make it super simple for an employer to  
293 get started. As noted above, the methodology should allow for increased accuracy  
294 if/when needed, for example when data become available on individual employees'  
295 mode of travel.

### 296 ***The Design***

297 The team identified two key assets:

- 298 1. The employer's existing human resources/ payroll database

299 2. Access to traffic databases, such as Google Maps<sup>9</sup>.

300 An employer's human resources or payroll system will have, for each employee, the  
301 presumed starting point (home postal code<sup>10</sup> is sufficient), arrival point (postal code  
302 of the employee's usual worksite) and job classification, and may also have typical  
303 daily work starting and quitting times.

304 Accurate data for commuting duration and distance can be dynamically accessed  
305 using APIs (application programming interface calls) to Google Maps's traffic  
306 database, simply by providing a starting point, destination point, mode and expected  
307 start or arrival time. The Google Maps dataset would arguably be even more  
308 accurate than commuters' self-reported durations and distances if they were  
309 answering a survey. Given a time and day, Google Maps will also recommend the  
310 quickest route (not necessarily the shortest).

311 Creating a cloud-based app was not an option: that would require the employer to  
312 entrust confidential employee data to an outside party, especially if more specific  
313 parameters such as mode, class of employment and willingness to swap were added.  
314 Creating an unfamiliar, special-purpose program that the employer would have to  
315 install and learn to use was also rejected as creating a barrier.

316 The team created instead an app that is a Microsoft Excel spreadsheet template using  
317 macros to access the Google Maps traffic database in real time to ascertain each  
318 employee's current single occupancy vehicle commute duration and distance. The  
319 spreadsheet app then uses the results from Google Maps to estimate the maximum  
320 annual total employee commuting burden. The burden is essentially a measure of  
321 how much carbon dioxide is emitted annually. The app also estimates the total cost  
322 to employees of SOV commuting. (Burden and total cost are re-calculated and will  
323 be more accurate if mode of travel data are entered later.)

324 The app also can be used to provide projections for multiple 'what-if' scenarios,  
325 such as duration and distance if employees worked at other worksites and/or with a  
326 different work schedule, and/or used a different travel mode.

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<sup>9</sup> We used Google Maps for our development, but expect data could be accessed in similar fashion from INRIX, TomTom, Here, and possibly other providers.

<sup>10</sup> The USA equivalent to Canada's postal code would be the ZIP+4 code.

327 The employer may wish to analyze its employees’ commutes in job function cohorts,  
 328 especially if worksite swapping potential (the third of the three components of the  
 329 ProximateCommute<sup>SM</sup>/ CloserCommutes tactic) is to be assessed. For example,  
 330 customer service positions might be considered fungible at a financial institution.  
 331 Primary grades teachers might appreciate the opportunity to shorten their daily  
 332 commutes by switching to work at a closer school and so on. The app will generate  
 333 duration and distance estimates for all other possible commutes if employees were to  
 334 be allowed/encouraged to swap locations with peers.

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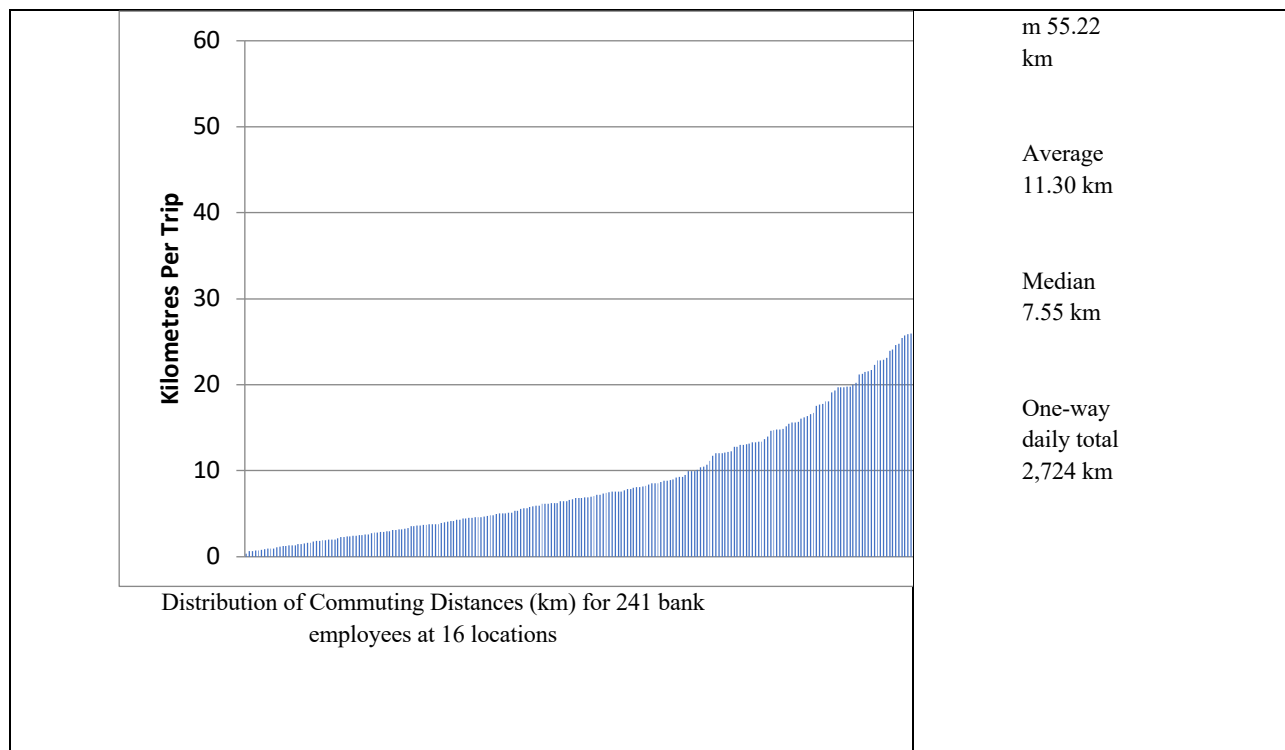
336 ***The Pilot Test of the App***

337 During the summer of 2016, the team worked with a Canadian national bank on data  
 338 for the home and work postal codes plus the job classification of all of the employees  
 339 working in one urban region for the purposes of studying their commutes, including  
 340 the environmental burden and the potential for improvement with various CTR  
 341 tactics.

342 Starting with just the postal codes of 16 bank branches and 241 employees in this  
 343 region, and a default of everyone using a single-occupancy-vehicle, a surprising  
 344 amount of analysis can be generated. The total one-way commuting is 2,724 km. The  
 345 range of current estimated SOV commutes begins with 10 employees who live less  
 346 than 1 kilometre from their jobsites all the way to two who travel more than 50 km  
 347 daily in each direction. The average estimated SOV commute is a bit more than 11  
 348 km and the median is about 7.5 km. There are five branches where the average  
 349 commute is more than twice that median. Those five account for about 45% of the  
 350 total travel. Another analysis shows that five of the 16 branches account for 51% of  
 351 the total commute – largely because those branches have the most employees.

352 Identifying outliers in this way can allow the employer to concentrate on branches or  
 353 even individuals where the largest potential is evident. This could avoid region-wide  
 354 measures with spotty applicability.

<b>Bank Employee Commuting Distance Distribution</b>	Summary Statistics:  Minimum 0.38 km  Maximu
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355 **Figure 1. Distribution of Bank Employees' Commuting Distances**

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357 If each employee commutes 484 times per year, the total distance to be travelled is  
 358 about 1.3 million km. If we assume that all commutes are in single-occupancy  
 359 gasoline vehicles, at a conservative 33 cents (Canadian) per km, commuting would  
 360 be costing employees more than \$400,000 annually or almost \$1,800 each on  
 361 average. The total distance corresponds to a burden of about 180 Tonnes of CO<sub>2</sub> per  
 362 year. This burden score measure is a baseline that few employers would know. This  
 363 estimate is likely high because some employees will already use greener modes.  
 364 However, that likely applies to the shortest commutes, so the over-estimate is  
 365 minimized.

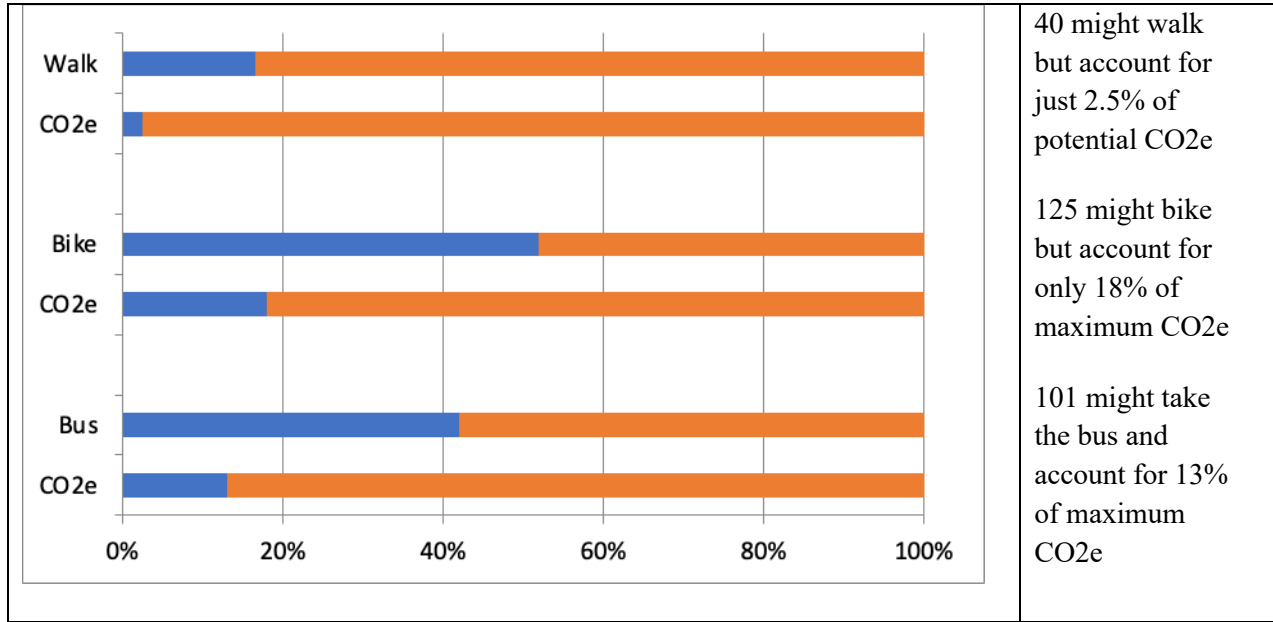
366 In this region, only 60 people are working at the closest branch to their residence.  
 367 That expands to 93 if the difference between current and closest is less than 2 km. It  
 368 is obviously impossible to reassign all employees to their closest branches, but that  
 369 scenario sets an upper bound on improvements. This theoretical minimum daily total  
 370 one-way commute burden is 895 km – about two thirds less than the status quo  
 371 baseline 2,724 km.

372 Knowing the baseline commute burden also helps estimate the effect of strategies  
373 such as work from home. For example, if half of the staff worked from home two  
374 days a week, commuting could be reduced by 20% or almost 40 T of CO<sub>2</sub> per year,  
375 assuming they had typical journeys.

376 The commuting statistics can also generate insights into the potential for measures  
377 that promote walking or biking to work, such as lockers, showers and secure storage  
378 racks. In this dataset, only 40 people are within a half-hour walk. Many of these  
379 already may be using ‘greener’ modes than single-occupancy gasoline vehicles. But  
380 even if they were all driving, they would represent only 2.5% of the total CO<sub>2</sub>e  
381 burden. Even more are within a half-hour bike ride – 125. If they are all driving, then  
382 they would have accounted for just 18% of the CO<sub>2</sub>e estimate. But, since some of  
383 these may already be cycling, walking, bussing or carpooling, the potential for  
384 saving is certainly less. Only some of the other employees would be interested in  
385 biking and maybe only in decent weather. That portion is only a guess at this point,  
386 but it sets an upper bound on the payoff of even the most ambitious bicycle  
387 promotion program. The employer now can decide if it would be worth asking  
388 employees for personal details on their commuting modes to refine these crude  
389 estimates.

390 By modifying the API calls to Google Maps to specify public transit, the employer  
391 can also see how many of the staff have a reasonable alternative to their cars. Many  
392 may already be using transit, but this calculation gives an upper bound to the  
393 applicability of bus pass subsidies, for example. The complement to this group is the  
394 cohort of employees who do not have good access to public transit. They might be  
395 candidates instead for subsidized charging stations for electric vehicles, for example.  
396 In this region, public transit could be attractive to 101 staff (up to 30-minute  
397 duration). They represent 13% of the bank’s estimated employee commute burden.  
398 There are 10 employees for whom transit is not even possible and for whom other  
399 options might be needed, such as carpooling, work-from-home, job transfer to a  
400 closer branch or green vehicle support. The remaining 130 commuters would face  
401 bus rides over 30 minutes up to 2 hours one-way.

402 **Numbers who can use greener modes, and potential impact on CO2e**



403 **Figure 2. Numbers who can use greener modes, and potential impact on CO2e**

404

405 All of the preceding analysis was based on current commuting patterns. Financial  
 406 institutions typically experience a sizable annual turnover of staff, in the range of  
 407 15% of total employees.<sup>11</sup> The spreadsheet tool could be used by HR staff to  
 408 determine optimal assignment of a cohort of new trainees to their branches – the first  
 409 CloserCommutes practice. This practice alone will reduce the burden score  
 410 considerably over time; it was the major contributor to Key Bank’s success<sup>12</sup>.

411 In our demonstration, if CloserCommutes transfers and swaps are considered (the  
 412 second and third practices), there would be opportunities for significant travel  
 413 reduction. Employees (and managers) might react strongly (for and against) to  
 414 transfer/swap programs. Even if strictly voluntary and applying only to a minority of  
 415 employees, perceived potential disruption may evoke negativity. Some staff might  
 416 welcome the chance but be disappointed when their wishes cannot be  
 417 accommodated. Therefore, the employer may want to help the outliers (those with

<sup>11</sup> Industry benchmark provided on page 10 of Vancity 2020.

<sup>12</sup> Per telephone interview with Gene Mullins on 05 May 2014.

418 the longest commutes) without introducing an all-employee program. All this to say  
419 the employer should have a good estimate of the potential numbers and payoffs  
420 before beginning consultations. The Google Maps-linked spreadsheet can provide  
421 this estimate.

422 A relevant complication is that employees will have different experiences and  
423 responsibilities. Swaps in particular require matching. In our Canadian bank  
424 demonstration, the postal code data were supplemented with job classes (e.g.,  
425 customer service, financial planner). All possible interbranch pairings were  
426 examined to see if both employees were in the same job class and both would benefit  
427 from a swap by reducing their commutes.

428 In this demonstration, only 60 employees out of 241 (less than one quarter) are  
429 working at their closest branch. At three branches, everyone could find another  
430 branch closer to their home. Moreover, more than 50% of employees had a mutually  
431 positive opportunity to swap positions with another person in the same job class at  
432 another branch, although some improvements were quite small. Many had multiple  
433 opportunities that could not, of course, happen at the same time. Still, there were  
434 standout possible swaps.

435 For example, encouraging just 14 of the longer commuters to swap would reduce the  
436 bank's regional environmental burden by 8.6%.

437 In one example swap, two financial planners would save 52.0 km and 52.8 km  
438 respectively daily by swapping locations. That would eliminate approximately  
439 25,200 km of commuting annually in total. The CO<sub>2</sub> equivalent reduction from this  
440 one swap would be almost 3.5 tonnes, over 1.9% of the bank's regional burden. The  
441 first person would save about 170 hours a year (42.4 minutes a day) and about  
442 \$4,160 in after-tax expenses (assuming 33 cents per km vehicle operating costs). The  
443 second person would save about 150 hours a year (37.2 minutes a day) and perhaps  
444 \$4,220 annually if continuing to drive. Given that the new commute would be less  
445 than 3 km, he or she might consider walking or biking for even greater financial  
446 savings.

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## Conclusions and Discussion

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This study demonstrated that the new methodology could be useful, relying on only existing secondary HR data at an employer with over 240 employees working at 16 locations. It set a maximum baseline GHG burden for the employer to reduce. This methodology could be used to estimate the benefits of revised general working conditions such as working from home or shorter work weeks. By highlighting outliers (employees and locations), it showed where trip reduction tactics could have the most potential benefits. The methodology permitted analysis of the scope and possible benefits of encouraging ‘green’ modes such as walking, cycling or public transit.

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The results also showed that the scope for potential CloserCommutes job swaps can be quite large (opportunities identified for over 50% of all employees for this bank), and that there could be very significant savings in time, money and greenhouse gas emissions. The demonstration would also have been deemed successful if it had shown instead that there was only limited potential, thereby avoiding disruption and expense.

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The methodology accommodated a trade-off between quick and simple *versus* accuracy on the first approximation, but it can be made increasingly accurate if more detailed data become available to improve the default parameters:

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- the mode used by individual commuters was defaulted to single-occupancy vehicle
- trips were assumed to be directly between home and worksite. No allowance was made for dropping off a child at daycare, for example, or visiting an elderly parent, or going to a second job or to the gym, etc.
- all employees were presumed to use the same start and quitting times on a typical work date.

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In terms of accuracy, functionality, use of existing secondary data, etc., this app is clearly a massive improvement over the static density maps introduced in the WWII era (Liberty 1942) and still being recommended.

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## Recommendations for a Re-imagined CTR/ TRP Program

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This DIY spreadsheet tool may open possibilities to rethink how provincial or state Commute Trip Reduction program and Trip Reduction Programs could function. As more jurisdiction announce targets to cut vehicle-kilometres-traveled and boost mode share of biking, walking and transit use, it appears that TRPs will be essential – with trip reduction action being mandatory for all large employers and major trip generators.<sup>13</sup> A TRP supporting action by tens of thousands of such employing organizations will need to use apps and a DIY approach.

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In a re-imagined CTR/TRP program<sup>14</sup>, the spreadsheet methodology would be provided to employers of all sizes and situations. The employers would not need a bespoke survey to get started, wouldn't need to schedule a consultant's personal assistance, and could explore a full range of tactics. DIY toolkits for the tactics would be made available in a wiki that could be updated by practitioners<sup>15</sup>. The carbon emission score (the "burden") provides a clear, central measure of the organization's baseline situation and progress. Reporting that burden to a government website could be required; this would identify employers who are reducing their burden faster or slower than others in their sector. Such public reporting is part of "benchmarking and transparency" [B&T].

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The spreadsheet app currently provides the employer with actionable information for a wide array of tactics, including:

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- whether and where a satellite office or co-working location might be viable
- where to consider creating cycling infrastructure
- who would benefit most from work-from-home arrangements, carpooling or transit passes
- how to deploy and reassign employees (CloserCommutes) so people can work closer to their homes
- where and by how much parking requirements could be reduced if SOV-reducing tactics are introduced.

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<sup>13</sup> For example, see Action Item 1.2.8 in Metro Vancouver's *Clean Air Plan 2021*.

<sup>14</sup> see draft blueprint (Batchelor BT 2020, also included as Appendix 1).

<sup>15</sup> see the model corporate Close Commute Policy (Batchelor JT 2020) as an example component of a toolkit.

510 Other tactics could be added into the app, tailored to a region’s overall TDM goals  
511 and strategy.

512 Future iterations of the spreadsheet tool could have ever-improving employer  
513 benefit/ ROI predictions if employer-users can be persuaded to track and report their  
514 experiences. This would be akin to the “citizen science” data collection that is valued  
515 in natural sciences research. Employers could be encouraged to quantify changes in  
516 any or all of productivity, sickness absenteeism, morale, retention, accidents, errors,  
517 recruiting, parking costs and other factors. For example, an employer could input  
518 existing HR data on absenteeism to quantify the extent that absenteeism has been  
519 correlated with long commutes, and then, after various interventions, check again to  
520 know if and by how much absenteeism has been reduced for those employees whose  
521 commutes have improved.

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527

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## Appendix 1: Blueprint for a CTR/ TRP Program (Draft)

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### Implementation Plan and Toolkits

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The consultants/researchers envision a trip reduction program for British Columbia that includes the following components:

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- Large and medium employers (~8,700 organizations) will be required to calculate their annual *total employee commuting CO<sub>2</sub>e burden*, and report this amount online (through the provincial Climate Action Secretariat or WorkSafeBC website or a bespoke website). This will ensure awareness of the initiative and clarity of the role/responsibility/opportunity of all large and medium employers.

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- Employers will be required to “make best efforts” to improve employee commutes, and report annually on those efforts and on the reduction in the organization’s total employee commuting CO<sub>2</sub> burden.

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- An app for easily calculating the burden in-house has been developed and will be provided, thus addressing privacy/security concerns because only the aggregate total is reported.

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- Support will be developed and provided by a contracted consultancy or TMA. Employers will have access 24/7 to toolkits located in a wiki that will be updated/improved through crowdsourcing by practitioners, consultants, service providers, academics and NGOs.

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- There will be an app an employer can use to determine which tactics could be appropriate to investigate, given that employer’s and employees’ circumstances:

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- closercommutes (awareness of home/work proximity at time of hiring and internal job openings, and for peer-with-peer worksite swaps)

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- supporting biking, walking and other active commuting modes (infrastructure, incentives, procedures, etc.)

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- connecting employees with carpool, vanpool & carshare services, possibly with incentive

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- promoting transit use with discounted passes & supportive work scheduling, etc.

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- providing vehicles and/or taxi chits for errands
  - providing shuttle to transit stations
  - EV and e-bike charging stations
  - telework from home; work from remote/satellite offices and from co-working spaces
  - shift re-scheduling/ flexibility
  - longer & fewer “compressed” workdays
  - disincentives for unnecessary SOV use (e.g., charging extra for SOV parking, and/or ‘cash-out’)
  - selecting/moving locations of offices/branches
  - supporting/coordinating with other existing and planned transportation programs.
  - Toolkits for each tactic:
    - explainer video
    - instructions
    - internal communications and policy templates
    - cost/benefit analysis template/app and app to assist with implementation if appropriate
    - experiences/advice/case studies from within this jurisdiction and elsewhere
    - annotated/reviewed links to resources within this jurisdiction
    - networking capability with other practitioners
  - Certification/recognition will be orchestrated for the employer (possibly an ISO certification for robust program implementation and/or a rating similar to LEED in new building construction) and for HR professionals.
  - Materials and support will be provided in multiple languages, corresponding to the regional demographics.
  - After the CTR component is established, expand the TRP to include reporting and best efforts by the organizations to minimize inefficiency in two other key areas of transportation:
    1. Travel of organizations’ clientele (students, patients, customers, tourists, event attendees, etc.)
    2. Shipping and delivery.
  - A TRP blueprint video may be found at <https://vimeo.com/687265823/aed906deb0>

